## HEALTH AND WELLBEING STRATEGY: PERFORMANCE REPORT

Relevant Board Member(s)	Councillor Ray Puddifoot MBE Councillor Philip Corthorne
Organisation	London Borough of Hillingdon
Report author	Kevin Byrne, Policy and Partnerships
Papers with report	Appendix A) Health and Wellbeing Delivery Plan - progress update Appendix B) Latest Indicator Scorecard

## **HEADLINE INFORMATION**

Summary	This report provides an update on progress against Hillingdon's Joint Health and Wellbeing Strategy Delivery Plan objectives (appendix A). It also sets out the outcome metrics (appendix B)
Contribution to plans and strategies	Hillingdon's Joint Health and Wellbeing Strategy is a statutory requirement of the Health and Social Care Act 2012.
Financial Cost	There are no direct financial implications arising directly from this report.
Ward(s) affected	All

### **RECOMMENDATIONS**

That the Health and Wellbeing Board:

- 1) notes the updates in the report and delivery plan (Appendix A); and
- 2) notes the outcome performance indicators in the quarterly dashboard (Appendix B).

## **INFORMATION**

### **Supporting Information**

Hillingdon's Health and Wellbeing Strategy was agreed by the Board in December 2014 and regular updates requested from partners setting out progress in delivery.

Four broad priority areas were identified though the Joint Strategic Needs Assessment (JSNA). A more detailed delivery plan and a scorecard of performance indicators was agreed to monitor progress against the Strategy.

Key highlights from the Delivery Plan under each of the priority areas are detailed below:

#### 1. Priority one: Improving Health and Wellbeing and reducing inequalities

- 1.1 'Having a Healthy Baby' Project. A new programme primarily to engage over-weight pregnant women in ante-natal exercise started during the summer 2015. This will include a post natal session being held at the same time to allow more women to attend a session. Targeted action will continue to train all health care professionals who come into contact with pregnant smokers to refer to services, working closely with pharmacies and use screening to increase impact and engagement in quit smoking programmes.
- 1.2 **Breastfeeding initiation.** The percentage of all mothers who breastfeed their babies in the first 48 hours after delivery has increased from 82.3% in 2013/14 to 83.4% in 2014-15, a higher percentage than the England average.
- 1.3 **Suicide rate**. The standardised rate of suicide per 100,000 persons has decreased from 7.8 in 2011-13 to 6 in 2012-14. This is below both the England and London average rate.
- 1.4 Reducing obesity. The Council continues to deliver the 'Walks Scheme' with 2,480 attendances and 65 new walkers. 19 people have been trained as walk leaders including staff from extra care schemes, volunteers and staff from a Children Centre, park officers and local residents. The 'Mother and Daughter Session' Programme, offering free exercise sessions spread across the borough have been delivered over a 10 week period. This proved very popular with over 500 bookings have been made with additional provision established to meet demand.
- 1.5 Develop and implement an all age Autism Strategy. The Autism Partnership Board met in September and agreed an initial work plan to achieve completion of the Autism Plan. A forum is being established for people with autism to ensure their feedback is central to the work of the Partnership Board which includes providing input to the Plan. A final version is scheduled for July 2016

#### 2 Priority 2 - Prevention and early intervention

- 2.1 Cancer screening coverage cervical. The percentage of women in the resident population eligible for cervical screening who were screened adequately within the previous 3.5 years or 5.5 years has decreased slightly from 69% to 66.9% from 2014 to 2015. This is however in line with the England and London trend.
- 2.2 National Health Checks. Targeted action has been taken to increase take-up rates of health checks and includes training and visits for GP practice and pharmacy staff. Checks were provided at six community events including health and wellbeing days at Hayes Islamic Centre, Uxbridge Police Station and at Hayes & Harlington Community Centre for Hillingdon Carers. The development of an Annual Outcomes report for practices to identify the number of patients diagnosed with impaired glucose tolerance, impaired fasting glycaemia, diabetes, chronic kidney disease, cardiovascular disease and stroke was introduced.
- 2.3 Reduce the risk factors for premature mortality and increase survival across care pathways. Sessions have taken place with HCCG targeted at Black and Minority Ethnic communities to promote the importance of healthy lifestyle in relation to high blood pressure, high cholesterol and diabetes. 21 referrals were made to 'weight action', 'Let's Get Moving' and Stop Smoking programmes. A pathway has been designed with local physiotherapists

for stroke victims so they can take part in structured activity in a safe and appropriate setting.

2.4 Reduce the number of children with one or more decayed, missing or filled teeth. NHS England and Public Health are working on a joint project to improve access to preventative dental care in Hillingdon. As part of this initiative the Schools Project has recruited 10 schools and 7 dental practices where dentists will deliver fluoride varnish to pupils. This has so far reached approximately 3700 pupils age 4-7 with over 3000 students in Key Stage One planned for Feb - April 2016.

# 3 Priority 3 - Developing integrated, high quality social care and health services within the community or at home

- 3.1 **Home adaptations**. In Q3, 26 people aged 60 and over were assisted to stay in their own homes through the provision of disabled facilities grants (DFGs), which represented 56% of the grants provided. 80% (20) of the people receiving DFGs were owner occupiers, 18% (5) were housing association tenants, 2% (1) were private tenants. The total DFG spend on older people during Q3 was £290k, which represented 58% of the total spend (£495k) in Q3.
- 3.2 **TeleCareLine**. As at 30th November 2015, 4,556 service users were in receipt of a TeleCareLine equipment service, of which 3,454 people were aged 80 years or older. Between 5th April 2015 and 30th November 2015, 907 new service users have joined the TeleCareLine Service of which 607 were aged over 80.
- 3.3 Carers Strategy. The Joint Carer's Comm's Campaign went live at the beginning of February with posters distributed across the borough to raise awareness of the caring role. The Carers Recognition Scheme nominations will opened during February with a closing date of the 31 March. An evening event will be held on 10 May for all those who were nominated and their cared for person. The Carers Assessment is now online and the pathway to access information and support has been reviewed and improved.
- 3.4 Develop a strategy to identify local educational priorities supported by specialist services across education, health and care. Orchard Hill College Academy Trust is working with Eden Academy to set up specialist college provision on the Pentland Fields site with effect from September 2016. This will make provision for around 15 young people with very significant learning needs including those with autism and behaviour that can challenge. This will reduce the need for young people to attend college out of the area. Options for delivering the additional special school places required are being developed. Feasibility studies of the Meadow and Hedgewood sites are awaited.

#### 4 Priority 4 - A positive experience of care

- 4.1 Children and Young People and families. Co-production with parents and carers is embedded well which includes recruitment processes and an Engagement Plan is being drawn up in relation to the self evaluation of the SEND reforms.
- 4.2 Improve social care service user experience. The Adult Social Care Survey is underway to test service user experience, the results of which will be presented to the Board when completed. Subject to Board approval, residents will be engaged in the development of the BCF plan from April 2016.

#### **Financial Implications**

There are no direct financial implications arising from the recommendations set out in this report.

## **EFFECT ON RESIDENTS, SERVICE USERS & COMMUNITIES**

#### What will be the effect of the recommendation?

The update of the action plan for Hillingdon's Joint Health and Wellbeing Strategy supports the Board to see progress being made towards the key priorities for health improvement in the Borough.

#### **Consultation Carried Out or Required**

Updates of actions to the plan have involved discussions with partner agencies to provide up to date information.

#### **Policy Overview Committee comments**

None at this stage.

## **CORPORATE IMPLICATIONS**

## **Hillingdon Council Corporate Finance comments**

Corporate Finance has reviewed this report and concurs with the financial implications set out above.

#### **Hillingdon Council Legal comments**

The Borough Solicitor confirms that there are no specific legal implications arising from this report.

## **BACKGROUND PAPERS**

NIL.